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Dump That Chump: Hope for Women In Bad Relationships

(Courtenay, BC, August 31, 2006) - **Esther Kane, MSW**, offers hope to women who are sick and tired of dating losers and believes that healthy and fulfilling relationships are both achievable and worth pursuing. She should know: she's been there. Her new book, "***Dump That Chump: A Ten-Step Plan for Ending Bad Relationships and Attracting the Fabulous Partner You Deserve***", helps women to end their suffering once and for all and shows them how to create satisfying, healthy long-term relationships.

Esther says, "*There's nothing worse than being in a relationship with someone who doesn't give you what you need and deserve. You know that you aren't getting what you want in the relationship and that you're not with the right person, but you don't know how to do it differently. I wrote this book to help women change all of that. As a woman and psychotherapist, I have the personal and professional experience and tools to offer women who want the very best in relationships.*"

Esther Kane, MSW, has helped countless women to radically shift their thinking about relationships, ditch the bad ones, and find their ideal mate. Not only that, but she followed these exact same seven steps herself and found and married her dream husband over eight years ago and is enjoying the best relationship she's ever experienced!

Here are a just a few of the many things that readers will be able to accomplish by following Esther's Ten Steps:

- identify false beliefs about what one expects and deserves in relationships and replace them with positive and affirming ones
- get in touch with who they really are and what they are looking for in a mate
- learn how to 'retrain' the mind through specific, easy-to-use techniques to create the relationship they want

To order either a copy of the book either in e-book or paper copy, go to:
www.dumpthatchump.com

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